

Standard Rules

Each Heidees Doppel card contains eight symbols. Every two cards always have exactly one symbol in common.

Hot potato

For 2 – 57 players

Everyone holds a card face down in their hand. On command (3-2-1 DOPPEL!) everyone turns over their card at the same time. Whoever discovers a symbol of their own card on another card names the symbol aloud (see legend for names) and places their own card on the card with the same symbol. All cards that are held in the hand at the same time may be placed on the card with the same symbol. If you get cards, you must continue playing directly with the new top card.

Goal: Win by getting rid of your card first! Whoever has all the cards at the end loses the round. Several rounds are played.

Variation 1

You play until all the cards are dealt. At the end, the cards are counted.

Variation 2

King of the court: Whoever loses a round is eliminated. The last person has won.

Fountain

For 2+ players

Everyone is dealt an equal, face-down pile of cards. One card lies face up in the center of the table. Everyone turns over at the same time and tries to name the symbol that their own card and the card in the middle have in common and places their own card on top of the one in the middle.

Goal: Get rid of all your cards as quickly as possible! Whoever has one card left loses.

Greed

For 3+ players

A game has several rounds. One card is placed face up in the middle of the table and around it as many cards as the number of people playing. After turning over the cards at the same time (3-2-1-DOPPEL!), everyone tries to name the symbol that any of the surrounding cards and the card in the middle have in common. Whoever succeeds in doing so takes the card in question and places it in front of them. The card in the middle remains and is shuffled into the card pile when all the outer cards have been removed.

Goal: Get as many cards as possible as quickly as possible!

Sport Rules

Basic rules like Hot Potato

Push-up Doppel

1 vs. 1

Lie down on the floor opposite each other. Everyone has a stack of cards in front of them. Do one push-up per card played. In between, you can either lie on your stomach or hold the push-up.

Goal: Collect few cards and thus few push-ups!

Variation competitive

Lie on the floor opposite each other. Everyone has a stack of cards in front of them. Whoever loses a round does a push-up.

Plank-Doppel

For 2+ players

Variation 1 – collaborative

Plank together for as long as you can and play while doing so. How many cards can you play?

Variation 2 – team sport, teams of 2

Divide the cards into equal-sized piles in the number of teams of two. Each team of two gets a stack with the same number of cards. Get into a plank position together and play one vs. one. You can only play as long as you both hold the plank position. If you pause the plank, the game also pauses. The team that completes the stack first wins.

Squat-Doppel

For 2+ players

Stand opposite each other. Squat down and then reveal your cards.

Variation 1 – collaborative

Hold the position until everyone has found the correct symbols.

Variation 2 – competitive

Keep the position down until you get rid of your card.

Variation 2a – competitive

Whoever loses the round does a full squat.

Variation 2b – extrem

Whoever finds the right symbol gets to pause for a second. Whoever loses keeps the squat position.

Symbols



Heidee



Snake in the grass



4 women



Spork



Nalgene/ Water bottle



Spike



Hammer



Flip/ Flip flop



Trophy



Sun



Weights/ Dumbbell



Apple



Landshark



Cut



Spirit/ Spirit of the game



Cap



Power bar



Cones



Drop



Pick



Lost and found



Huddle/ Spirit circle



Forehand/ Flick



Hospital pass



Marker



Tent



Treefence



Universe/ Universe point



Discgolf



Sun glasses



Warm-up/ Stretching



Disco/ Mirror ball



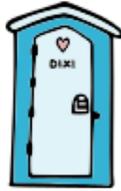
Duffle bag



Cleat(s)/ shoe(s)



Sky/ Catch



Porta-pottie/ Loo/
Toilet/ Dixie



Sandwich catch



Beer race



Champaign shower



Streaker



Tooth brush



Layout



Banana



Tequila/ Shots



Black roll



First aid kit



Coach/ Couch



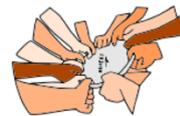
Sports bra



Score / Score board



Sleeping bag



Cheer



Brick/ Wall



Medal



Contest



Boom box/ Music



TVE/ Turnverein Eppelheim



Call